

Passaic Valley Water Commission
Geetha Angara Holiday Gift Collection



Valor Clinic Foundation is “A hand up on the Home Front” helping Homeless Veterans.

Veterans Assisted Living Out Reach **VALOR** was co-founded as a 501(c)3 in 2012 by Veterans Mark Baylis and Tony Cross as an organization for Veterans to help other Veterans navigate through the process of recovering and rebuilding. VALOR’s long-term vision is to be able to provide health clinics, more homeless shelters, transition homes and recovery sanctuaries for Veterans in need. Until the organization gets the support and funding it needs to make these dreams come true, Baylis and his team of commitment volunteers have been reaching out to Veterans to provide shelter at Paul's House, food, supplies and access to healthcare. In addition, VALOR has spearheaded the creation of a specialized program to address Post Traumatic Stress Disorder (PTSD) called Veterans Unstoppable. The three-phase program, spread over several months, is facilitated by Veterans for Veterans to foster healthy life adjustments. We are currently fund raising to resource a retreat facility. We are calling this effort Objective 22.

The below are things they need:

Food:

Food for the homeless people requires special consideration. First, they suffer from malnutrition. It should provide protein, vitamins and minerals. Second, they do not have kitchens. It needs to be accessible without a can opener, and does not need refrigeration after opening. Remember plastic cups will crush. Canned fruit and vegetables, canned Dinty Moore meats, tuna or meat, soups, peanut butter (must be plastic jars) **NOTE: When donating food remember that life is different for the homeless population. Pull top cans, foil pouches, are wonderful.**

Hygiene:

- Soap/body wash
- Shampoo, toothpaste, toothbrush and floss, combs, deodorant, foot powder, nail care, disposable razors

Men’s:

- Jeans waist sizes 28 to 38
- Underwear, Socks
- Outdoor shoe size 8 to 12
- Hoodies, Outdoor shirts, rain gear

Women’s:

- Small to medium size jeans
- Underwear, Socks
- Outdoor shoe sizes 6-10
- Hoodies, outdoor shirts, rain gear

Winter Items Needed:

- 2 man dome tents
- Sleeping bags rated to zero degrees
- Weather proof insulated coat and pants
- Warm underwear and socks
- Weather-proof, insulated gloves and fleece hats
- Insulated weather resistant boots – 800 grams or more
- Back Packs

DROP OFF LOCATION: Passaic Valley Water Commission
1525 Main Avenue, Clifton
During normal business hours

If donating by check please make payable to: Valor Clinic Foundation

<http://www.valorclinic.org>

#PVWCcares